

# HEALING & RENEWAL RETREAT



Join Us on a wonderful journey of self discovery and healing at the incredible Tatahi Lodge in Hahei.

Renew and recharge your body, mind and soul as we embark on a wonderful weekend full of yoga, walks, mediation, nutritious food and mind and body exercises. Discover the wonders of aromatherapy and learn how to enhance your wellbeing.

**5th - 7th June 2020**

Mana Retreat Centre, Coromandel

**Cost \$500 per person.**

GetUp again vouchers can be used up to  
\$450

Payment plans available.

*"Loved every moment of it and feel truly  
blessed to have been a part of it!"*

- Victoria, February 2019

My Chi Mind and Body 

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