

CEREBRAL PALSY - HŌKAI NUKURANGI



Fa'amatalaga mo -pepe-



Supported by Starship Foundation and the Athlæ Lyon Starship Research Trust



Hūlan anotusí

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For more information about Cerebral Palsy and The Early Years toolkit, go to www.cerebralgalsy.org.nz



Afio mai

Nau mai, haere mai, ma Afio mai.

Fa'amālō, e 'aulelei le fanau 'ua fa'aopoopo i nai o tou 'āiga.

'O lenei alagā'oa e mo 'āiga 'olo'o sa'ilia fa'amatalaga ma alagā'oa tau le soifua mālōlōina mo lana tama e uiga i le feagai ai ma le Cerebral Palsy i totonu o Aotearoa Niu Sila.

'Afai e le'i leva ona fa'amautinoa le maua o lau tama i le cerebral palsy, 'ua sāunia lenei kete e fa'ailoa atu ai nisi o alagā'oa tau le soifua mālōlōina ma auauanga 'olo'o avanoa e fesoasoani ai iā te oe ma lau tama mo le ola manuia.

'O le CP e 'ese'ese a'afiaga i fānau ma e ono 'ese a lātou ola tuputupu a'e ma le tuputupu a'e sa e fuafuaina.

Mo le tele o tagata, o le tele o 'upu fa'a-fōma'i 'ole'ā 'āmata ona e fa'alogi i ai e fa'atatau i le CP e pei e fou – 'o le agaga lava o lenei tusi 'ina 'ia maua ai se fesoasoani mo 'oe i lea vāega.

Mata'itū pea lau va'ai i mea e mafai e lau tama ona fai. E 'ese'ese 'uma tamaiti ma 'o le tele ia o

la'asaga tāua e mafai ona lua 'āusia fa'atasi. E te lua ono feagai ma lagona 'ese'ese, 'o lona uiga ia māfana le lua mafutaga ma va'ai lelei lou 'āiga.

Fa'alauiloa tāua

'O lenei alagā'oa o se taunu'uga o galuega sa fa'atino e le CaPTuRE project sā su'esu'ea le ola māsani o 'āiga sā fa'amautinoa 'auga o le CP i totonu o Aotearoa Niu Sila. Whānau 'āiga 'olo'o iai le poto māsani i le CP 'ua lātou fa'ailo ni vāega tau-faigatā ma fa'atinoga e ono aogā mo isi¹.

Fa'afetai i le Starship Foundation ma le Athlæe Lyon Starship Research Trust mo le fesoasoani tupe, ma le fesoasoani tupe faaopoopo sa 'aumai e le Cerebral Palsy Society mai le Sutherland Self Help Trust ma le Trillian Trust e fa'atinoina ai lenei taumafaiga, le fa'aliliuga ma le faalauiloa i 'āiga.

E momoli le fa'afetai 'iā i lātou 'uma sa iai le sao i lenei galuega, e aofia ai whanau / 'āiga ma tagata 'olo'o feagai ma le CP; 'o le Cerebral Palsy Society of New Zealand ma le 'aufaigaluega o tauis soifua mālōlōina i le atu Aoteaora Niu Sila.

1. Williams SA, Nakarada-Kordic I, Mackey AH, Reay S, Stott NS. Prioritized strategies to improve diagnosis and early management of cerebral palsy for both Māori and non-Māori families. Dev Med Child Neurol. 2024; 66: 1074–1083. <https://doi.org/10.1111/dmcn.15847>

Te Whare Tapa Whā

E iai le alafua lauiloa o le soifua mālōlōina a Māori, Te Whare Tapa Whā 'ua fa'amatala e Sir Mason Durie, e silasila i vāega 'uma o le ola mālōlōina ma a'afiaga i le ola mālōlōina. 'O le ola mālōlōina o le tino or taha tinana 'ua na'o se tasi o vāega o le soifua mālōlōina.

'Ua sāunia lenei alagā'oa 'ina ia aofia ai fa'amatalaga 'uma i vāega o le soifua mālōlōina. 'Ua fa'ailoa mai e whānau / 'āiga le tāua o le silasila i vāega 'uma o le soifua mālōlōina ina ia mafai ai ona fesoasoani ma e lavātia lagona 'ese'eise e ono tutupu.

'Aua ne'i fefe e saili le fesoasoani a'o feagai ai i le malaga tau ma'i tūmau.

O lo'o iai fa'ata'ita'iga fa'atusa e fa'amatala ai auala Pasefika mo le soifua maloloina ma le soifua manua

Latou te iloa le taua o le sao o le nuu ma le aiga i le soifua maloloina ma le soifua manua i totonu o nuu o le Pasefika.

Fa'ata'ita'iga:

- **Fonofale model** – Pan-Pacific & Samoan (Fuimaono K Pulotu-Endemann)
- **Fonua Ola model** – Pan-Pacific & Tongan (Sione Tu'itahi)

Silasila: Te Mana Ola, The Pacific Health Strategy (2023) <https://www.health.govt.nz/system/files/2023-07/te-mana-ola-pacific-health-strategy-v11.pdf>

Hōkai Nukurangi

'O le 'upu te Reo Māori o le Cerebral Palsy o le Hōkai Nukurangi – 'ina 'ia 'ausia le mea e tāua mo 'oe.

Sā fatua'i le 'upu e se tasi o ligiuisi ma faiā'oga o lona suafa o Matua Keri Opai*.

'O le ute o le Hōkai Nukurangi is: Po'o le asa (hōkai) o le lau'ele'ele i le tino po'o le asa o le lagī i le māfaufau ma le agaga, e fa'amasani le tagata i si'osi'omaga 'ese'eise, ma na te fa'aaogaina ala ma agava'a tatau e talafeagai ma i lātou.

I le fa'atalatalanoaga a Keri ma tagata ma 'āiga Maōli/ma i lātou e lē o ni Māoli 'olo'o feagai ma le cerebral palsy, sā lātou fa'aiilo ai ni manatu tāua e fa'apea – e tofu lava le tagata ma 'āiga ma mana'oga 'ese'eise, mana'oga fa'apitoa ma taunu'uuga 'ua lātou tulimata'i mai le ola lelei ma le fiafia. 'Oloo ta'afoa'i i le 'upu a Keri ia lagona.

Mo nisi fa'amatalaga asiasi i le: www.youtube.com/watch?v=9rVG9dySafw

* Opai, K. (2022), Words have great power: Creating Māori concepts of disability. *Dev Med Child Neurol*, 64: 1182-1182. <https://doi.org/10.1111/dmcn.15266>

Upu Pasefika mo le cerebral palsy ma le le atoatoa

- E leai se fa'aupuga i gagana Toga po'o gagana Samoa mo le Cerebral Palsy, o lona uiga o se faiga lautele o lo'o faia i lenei pepa, e fa'aaoga ai le Cerebral Palsy po'o le CP.
- **Tagata sa'ilimalo** e faasino i tagata Pasefika e le atoatoa le malosi o le tino, o latou aiga/nofo-a-kaiga, ma tagata e tausia/lagolagoina/soifua soifua i Aotearoa. (Silasila: www.tofamamao.com)

Au'aunaga lagolago
fa'alesoifua maloloina
Pasefika i Aotearoa NZ
e mafai ona fesoasoani
ile malaga fa'alesoifua
maloloina

Healthify - Pasifika Health in NZ

Fa'amatalaga ma feso'ota'iga i alagaoa
mo Tagata Pasefika i Aotearoa NZ.

www.healthify.nz/hauora-wellbeing/p/pasifika-health-overview

Le Va

Fa'alapotopotoga Pasefika e lagolagoina tagata ma nu'u i le tele o auaunaga.

www.leva.co.nz/our-work/disability-support



Cerebral Palsy - Hōkai Nukurangi: *'O le a le CP?*

Fe'au tāua:

- E mafai ona ola fiafia ma ola manuia pea tagata 'olo'o maua i le cerebral palsy (CP)
- E tūlaga fa'apitoa lau tama 'olo'o iai le CP.
- E mafai ona 'e maua fesoasoani ma fa'amatalaga mai isi 'āiga e iai fānau 'olo'o maua i le CP, 'o fa'alapotopotoga ma tagata 'ua iai tomai fa'apitoa o le tausi soifua.
- E ono lē faigofie le tālia o fa'amatalaga e uiga i a'afiaga o le CP i le gaioi a le tamaitiiti.

'O le a le CP?

- 'O le CP, o se a'afiaga tūmau e māfua mai i ni manu'aga po'o ni a'afiaga i le tauolaola o le fai'ai.
- E 'ese'ese a'afiaga o le CP i le gaioi, le nofo ma le tū a lau tama ma e fuafua lava i le taimi na a'afia ai le fai'ai, ma po'o fea fo'i vāega o le fai'ai 'olo'o a'afia.
- Mo tagata 'olo'o maua i le CP e ono faigatā mo lātou gaioiga māsani e pei o le

fa'ata'avalevale ma isi gaioiga faigatā atu e pei o le savali, tau fa'apaleni o le tū ma le fa'aogāina o o lātou lima i fe'au māsani.

- Mo tagata 'olo'o ola ma le CP e ono maua i nisi ma'i e aofia ai le ma'i lili, ma/po'o a'afiaga o le va'ai, 'o le a'oa'o o mea, po'o le tautala.

'O le ā le māfua'aga o le CP?

- 'O a'afiaga i le tauolaola a'e o le fai'ai o le pepe e tele na tupu i le taimi o le ma'itaga, i le taimi 'olo'o fānau ai, po'o se taimi 'ua fa'atoā fānau (pe ā ma le 9 o vae 10 o tagata e maua i le CP).
- 'O le 'upu CP e aofia ai a'afiaga o le fai'ai e tupu i le vā o le tasi le māsina se'ia o'o i le lua tausaga (pe ā ma le 1 o vae 10 o tagata 'olo'o maua i le CP).
- E lē 'o iai se mafua'aga patino o le CP. E tele lava mafua'aga, itū lē mautinoa e ono tupu ai ni pēfea, ma mea e tutupu e māfua ai a'afiaga i le fai'ai.
- O nisi o taimi e lē iloa le māfua'aga e māfua ai a'afiaga.

"Don't place a ceiling to what the child might achieve - every child is unique." - FAMILY QUOTE

- Mo itūaiga ‘uma o le CP, e tutusa mua’i a’afiaga o le fai’ai. A’o a’afiaga i le tino o lau tama oleā suisui i aso a sau a’o tuputupu a’e.

‘O le fa’amautinoa o auga o le CP mo lau tama

- ‘O ala e fa’amautinoa ai auga o le CP e ‘ese’ese mo tagata ‘uma ma e ono iai faigatā.
- Mo isi ‘āiga, e iai vāega fa’ailoilo e vave iloa ai e telē le avanoa ‘ole’ā maua ai e la lātou pepe le CP, mo se fa’ataitaiga o le vave fānau po’o le māmā o pauna o le mamafa o le pepe i le taimi na fānau ai.
- Mo isi ‘āiga, o le teletelegese ma le fa’atuatuai o le ausia o la’asaga tāua o le tuputupu a’e o ni fa’ailoilo ua tatau loa ona talatalanoa ma le tausi soifua a lau tama.
- ‘Ua mātou maua molimau mai nisi o ‘āiga a’o lātou tālia le fa’amautinoaina o auga mo la lātou tamaitiiti, sā o lātou lagonaina le tele o lagona ‘ese’ese e aofia ai le mapu, mamafatū o manatu, ita, fa’anoanoaga ma le lē mautonu.
- I le taimi lenei i Aotearoa Niu Sila o le tele o tamaiti ua fa’amautinoa auga o le CP ae le’i o’o i le lua tausaga le matutua.
- O le tele o ‘āiga e lātou te vave iloa e iai mana’oga fa’apitoa ‘eseese o le ola tuputupu a’e o la lātou tamaitiiti.

Cerebral Palsy i totonu o Aotearoa Niu Sila

- ‘O le CP o se tasi o ma’i tūmau o le tino e ta’atele a’o laitiiti, ma a’afia ai pe ā ma le tasi le tamaitiiti i totonu o le 500–600 pepe fānanau i Aotearoa Niu Sila.
- ‘Ua faitau pe ā ma le sefulu afe o tagata ‘olo’o ola ma le CP i Aotearoa Niu Sila.



‘O fa’alāpotopotoga e maua ai fa’amatatalaga tāua e uiga i le CP

Kidshealth NZ

E maua ai fa’amatatalaga mo ‘āiga Niu Sila e fa’atatau i le ola mālōlōina o tamaiti.

www.kidshealth.org.nz/cerebral-palsy

Healthify

E maua ai fa’amatatalaga ma le auaunaga e fa’atatau i le feagai ai ma le CP i totonu o Aotearoa Niu Sila – e tai tutusa ma fa’amatatalaga ‘olo’o maua i le Kidshealth NZ.

www.healthify.nz/health-a-z/c/cerebral-palsy

Cerebral Palsy Society of NZ

‘O se fa’alapopotoga mo sui resitara e galulue mo le fa’aleleia o le ola o i lātou ‘olo’o maua i le CP, e ala i polōkalame, auaunaga lagolago ma fautuaga.

www.cerebralsp.org.nz

‘O le Puna’oa Fa’amau o le Cerebral Palsy a Niu Sila

E fa’amau ai fa’amatatalaga fa’a-soifua mālōlōina e fa’atatau i le CP i totonu o Aotearoa Niu Sila mo galuega lagolago ma su’esu’ega. E tu’ufaitalia le resitara. O le sini ‘autū o le Puna’oa Fa’amau o le fai lea ma alagā’oa e maua ai fa’amatatalaga talafeagai fa’a-soifua mālōlōina e fesoasoani mo le ‘ausia o taualumaga tulituliloa e lelei mo tagata ‘uma ‘olo’o maua i le CP i totonu o Aotearoa Niu Sila.

www.starship.org.nz/health-professionals/cerebral-palsy-research

“You don’t need to do or know everything at once.”

- FAMILY QUOTE

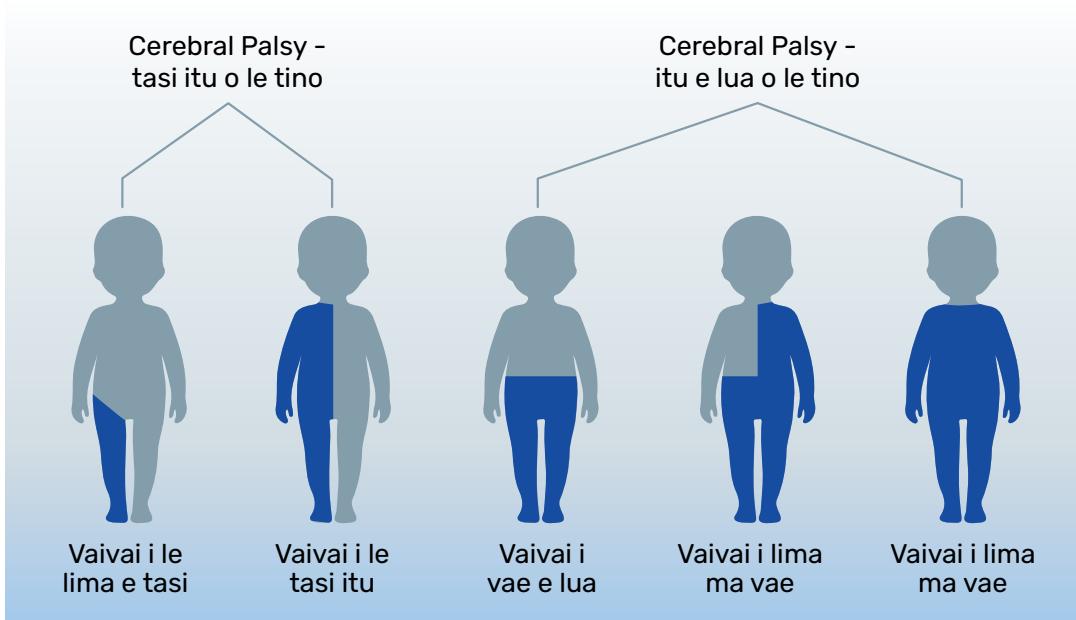
E fa'apēfea ona a'afia le gaioi 'ona o le CP?

E mafai ona fa'amatalaina i le gagana fa'a-fōma'i le itu'āiga CP 'olo'o maua ai lau tama peā fua i vāega o le tino 'olo'o a'afia ma itu'āiga gaioi e va'aia.

'O le māta'itū o le gaioi e va'ai fo'i i gaioiga e mafai ona fa'atino e lau tama i aso ta'itasi, e aofia ai ma le fa'aaogaina o fa'avasegaga o gaioiga 'ese'ese.

'O 'upu fa'a-fōma'i e fa'amatalaina ai le Cerebral Palsy

| 'O 'upu mo itūtino 'ua a'afia | | Uiga |
|--------------------------------------|---|--|
| Cerebral Palsy - tasi itu o le tino | Vaivai i le lima e tasi Vaivai i le tasi itu | Ua a'afia ai se itūtino (vae poo le lima) e tasi po'o se itūtino 'atoa (lima, nofoaga ma le vae) |
| Cerebral Palsy - itu e lua o le tino | Vaivai i vae e lua | 'Ua a'afia vae e lua |
| Cerebral Palsy - itu e lua o le tino | Vaivai i lima ma vae Vaivai i lima ma vae | 'Ua a'afia ni itūtino 'a'ao e tolu po'o le fā |



| 'Upu mo itū'āiga gaioi | Uiga |
|---------------------------------------|--|
| Maso ūga'oa | Fa'atetele le oso, malō, ma le vaivai o masos |
| Maso 'ua minoi e le'i fuafuaina | Suiga o gaioiga o maso 'ua mafua ai le nunumi ma le faalausoso'o o gaioiga |
| Maso e telegese le minoi | Gaioiga e le'i fuafuaina |
| Maso 'ua vaivai, gatete, ma lē pāleni | Tetete le tino, 'ua a'afia ai le tū pāleni ma le fa'aaogaina o itūtino |

Gaioiga

- 'O le fa'avasegaga o gaioiga 'ese'ese 'ua fa'aao gaina e tausi ma'i 'ua iai tōmai fa'apitoa e fa'amatalaina ai itū'aiga gaioiga e mafai ona fai e lau tama ma gaioiga e ono faigatā.
- 'O nei gaioiga 'ua fa'amatalaina i ni vāega 'ua fa'avasega ai le gaioi, le fa'aao gaina o lima, le va'ai, le 'ai ma le feso'otai. 'O fa'avasegaga 'uma e fa'aao gaina le alafua e 'āmata mai i le Tūlaga I-V (1-5) ma a fa'amatala le Tūlaga I o le mafai lea ona gaioi i le tele o gaioiga a'o le Tūlaga V o le fa'aitiitia lea o le mafai ona gaioi.
- E aogā fa'avasegaga 'ina ia mafai ai ona fuafua mana'oga o le ola malōlōina ma a'oa'oga tatau mo lau tama.

Fa'ata'ita'iga:

- The Gross Motor Functional Classification System (GMFCS) e va'ava'ai i gaioiga tetele e pei o le ta'avalevale, totolo, po'o le savali.
- The Manual Ability Classification System (MACS) e va'ava'ai i gaioiga lāiti o alofilima ma lima, e pei o le tagofia o mea ta'alo.

'E te maua fa'amatalaga fa'aopoopo e uiga i ia vāega pe'a e talatalanoa i lau fōma'i po'o i le: www.starship.org.nz/guidelines/classification-systems-for-cerebral-palsy

Fa'amatalaga ma le 'upega o feso'otaiga

My CP Guide (Australia)

Mo tagata 'ua ola ma le CP.

www.mycpguide.org.au

CP Alliance (Australia)

'O se fa'alapotopotoga e iai le auaunaga fesoasoani ma lagolagoina su'esu'ega e fa'atatau i le CP.

www.cerebralpalsy.org.au/cerebral-palsy

Canchild (Canada)

'O se fa'alapotopotoga e lagolagoina su'esu'ega ma alafua fou e uiga i le CP.

www.canchild.ca/en/diagnoses/cerebral-palsy

CP Foundation (USA)

'O fa'amatalaga mo 'āiga, ma tausi soifua ua iai le tōmai fa'apitoa.

www.yourcpf.org



"Your child will grow and their needs change over time. It may look different in five years' time than it does now."

- FAMILY QUOTE



'O auaunaga Fa'a-soifua Mālōlōina ma Ma'i *Tūmau i totonu o Niu Sila*

Fa'ailo Tāua:

- E ono tele auaunaga fa'a-soifua mālōlōina ma tagata 'oleā feagai ma le tausiina o lau tama. 'O ia galuega e ono lavelave ma mamafatū, ma fai ai ma mea e faigatā ona iloa le mea e tatau ona 'āmata ai ma le tagata lelei po'o le auaunaga e maua mai ai ni fa'amatalaga talafeagai.
- E maua auaunaga aoaotetele fa'a-soifua mālōlōina ma ma'i tūmau e Health NZ, Te Whatu Ora. <https://www.disabilitysupport.govt.nz/>
- Mo isi tagata 'olo'o feagai ma le cerebral palsy (e fua lava i le māfua'aga) e iai isi auaunaga 'olo'o fa'atino e le Accident Compensation Corporation (ACC). <https://www.acc.co.nz/im-injured/what-we-cover/injuries-we-cover>
- 'O lou iloa o le mea 'e te aga'i i ai mo se fesoasoani ma ni malamalama'aga e uiga i auaunaga 'olo'o maua e ono faigatā. Talanoa i le 'aufaigeluega a lou fōma'i o le soifua mālōlōina 'ina ia mafai ona lātou fesoasoani atu 'iā te 'oe.

Mo fa'amatalaga faaopoopo

Healthify NZ

Aotelega o auaunaga o ma'i tūmau i totonu o Niu Sila ma alafeso'otai i luga o 'upega o feso'otaiga mo fa'amatalaga fa'aopoopo.

www.healthify.nz/hauora-wellbeing/d/disability-services

Firstport

Fa'amatalaga o Ma'i Tūmau mo Niu Sila atoa. E malamalamagōfie ma faigofie lau va'ai fa'asolo i le 'upega o feso'otaiga.

www.firstport.co.nz

Fa'amatalaga o le Alauni Ma'i Tūmau a Tamaiti ma le Sue'sue'ga o Manaoga

Fai se fa'atalanoaga vave ma lau Fōma'i o Tamaiti po'o se tagata e galue i galuega tau Aga Feso'otai mo lou mauaina o ia auaunaga tāua.

Alauni Ma'i Tūmau a Tamaiti

'O le Alauni Ma'i Tūmau a Tamaiti e lē o se alā totogi po'o ua fa'atulaga faa'āseta ma o se alauni e lē totogia se lafoga i le mālō. Afai e fetau le fa'avasegaga o le ma'i o lau tama ma aiaiga fa'afōma'i o lona uiga 'ole'a e mauaina le alauni e tusa pe telē lau totogi ma tele ni au aseta. 'O so'o se isi lava 'olo'o va'aia se tamaititi ma e fetau ai aiaiga fa'afōma'i e tatau ona apalai.

Silasila: www.workandincome.govt.nz/products/a-z-benefits/child-disability-allowance.html

Alauni Ma'i Tūmau

E ese le Alauni Ma'i Tūmau ma le Alauni Ma'i Tūmau a Tamaiti. E maua le Alauni Ma'i Tūmau e toe totogi atu ai tupe fa'aaogā mo le tausiina o le ma'i tūmau ma o se alauni e fuafua le aofa'i maua i le totogi a le tausi ma'i.

Silasila: www.workandincome.govt.nz/products/a-z-benefits/disability-allowance.html

Fa'amatalaga fa'aopoopo ma fesoasoani tau tupe

Kidshealth NZ

Fa'amatalaga e uiga i lou maua o fesoasoani tau tupe mo lau tama.

www.kidshealth.org.nz/financial-help-when-your-child-has-disability-or-chronic-condition

Parent to Parent

Fa'amatalaga ma fesoasoani mo le fa'afaigofieina ona malamalama i le fa'atulagaga o auaunaga fa'a-soifua mālōlōina.

www.parent2parent.org.nz

Auaunaga Aoaotetele tau Suesuega o Manaoga (NASC)

O se la'asaga muamua lea e te va'ai i ai po'o a fesoasoani tau ma'i tūmau e mafai ona fa'aaogā e oe ma lou 'āiga.

E gālulue le 'aufaigaluega o galuega lautele tau Suesuega o Mana'oga Fa'apitoa ma 'oe e fa'amautinoa mana'oga mo'omia o lau tama ma tu'u atu fa'amatalaga e uiga i auaunaga o ma'i tūmau 'olo'o iai e mafai ona e fa'aaogāina. E mafai ona e asia foi le NASC pe fa'atonu sau feiloa'iga e ala atu i lau fōma'i.

Fa'amatalaga fa'aopoopo e uiga i le NASC

Disability Support

A e fia maua se lālā o le NASC i lou a'ai aga'i i le:

www.disabilitysupport.govt.nz/disabled-people/assessment-and-funding/needs-assessment-services

Kidshealth NZ

O 'oto'otoga aogā i fa'amatalaga e fa'atatau i le NASC.

www.kidshealth.org.nz/needs-assessment-service-coordination-nasc





So'otaga tau le *Soifua Mālōlōina*

'O le CP o se ma'i tūmau, ma e ono suia a'afiaga fa'aletino a'o tuputupu a'e lau tama. 'Ole'ā fesoasoani auaunaga o le soifua mālōlōina e mata'itū ma va'ava'a'i i ia suiga a'o tuputupu a'e lau tama

Vāega tāua:

- 'O le CP a lau tama 'ole'ā a'afia ai vāega 'ese'ese o lona tino ma e ono suia a'o tuputupu a'e.
- E tāua le fa'amautū o so'otaga ma auaunaga tau le soifua mālōlōina ma a'oa'oga 'ona e mo'omia le felagolagoma'i o tagata 'uma mo le mata'itūina o ni suiga e tutupu i le lumana'i.
- 'Ole'ā 'ese'ese le fa'atinoga o so'otaga ma auaunaga o le soifua mālōlōina ma a'oa'oga mo tagata 'uma ma e fua lava i itū e pei o lou 'āiga ma mana'oga ma mea e ao ona fa'amuamua mo le tamaititi, ma le 'a'ai e te nofo ai.
- 'O feso'otaiga muamua e fai ma lou Fōma'i ma le auaunaga o le Well Child Tamariki Ora Provider.



**"Your focus will shift,
so just concentrate on what is
important to you right now."**

- FAMILY QUOTE

Fe'sootaiga o Auaunaga tau le Soifua Mālōlōina:

'O le lisi lenei o ni isi o tausi soifua 'ua iai le tōmai fa'apitoa e ono mafai ona tou galulue fa'atasi e fuafua i mana'oga a lau tama.

| Foma'i fa'apitoa | Fa'amatalaga o le galuega |
|---|---|
| Fōma'i a Tamaiti | Ena te sāunia su'esu'ega ma le fa'avasegaga o togafitiga mo tamaiti ma tagata talavou, e masani ona va'aia i falemai. 'O se tagata tāua e na te fa'amaonia auga o le CP ma 'āmataina ulua'i feso'otaiga ma isi auauanaga e fuafua i mana'oga. |
| Fōmai' a Tamaiti 'ua iai le Tomai Faapitoa (e lē iai i 'a'ai 'uma o Niu Sila) | E na te sāunia su'esu'ega ma fuafua togafitiga o tamaiti 'ua iai popōlega i o lātou tuputupu a'e. |
| Fōma'i mo tamaiti 'ua fa'atoa fananau | E na te sāunia tausiga mo pepe fou 'ua fananau ae le'i o'o i le aso sa faitauina e fanau ai po'o pepe e iai a'afiaga tau le ola mālōlōina. |
| Fōma'i o le Fai'ai | E galue fa'apitoa mo le fa'amautinoaina ma le togafitiga o fa'ama'i o le fai'ai, ivitū ma neura. E aofia ai ma le fuafuaina o togafitiga o ma'i lili/ma'i oso. |
| Fōma'i o Maso, Ivi ma So'oga Suesueina | Togafitiga ma le mata'itūina o ponaivi o le tamaitiiti ma maso a'o tuputupu a'e. |
| Fōma'i Faapitoa mo Tamaiti e iai Ma'i Tūmau (e lē maua i aai uma o Niu Sila) | E va'aia le tamaitiiti pe'a iai ni faigatā o le gaioi ona o se manu'aga po'o se fa'ama'i ma na te fesoasoani ina ia mafai ona 'auai i fa'atinoga masani o aso uma. |

| Auaunaga o le Tuputupu A'e o le Tamaitiiti | Fa'amatalaga o le galuega |
|---|---|
| Fōma'i Asiasi o le Fai'ai, Mafaufau ma Fa'alogona | E ono pei o le fōma'i fa'pitoa mo togafitiga o maso ma musele o le tino, fōma'i e na te iloiloina ma togafiti gasegase, fa'amai ma ma'i tūmau poo se fōmai fa'apitoa o le fofoga e galulue ma tamaiti lāiti. E ono 'ese'ese tausaga o le matua o tamaiti e lātou te va'aia i lea 'a'ai ma lea 'a'ai o Niu Sila. |
| Fōma'i Fa'apitoa mo Togafitiga o Maso ma Musele o le Tino (PT). | E na te va'aia ma tausia gaioiga a le tamaitiiti, ma fesoasoani i le taumafai a le tamaitiiti e fa'atino fa'atinoga masani. |
| Fōmai e Iloiloina ma Togafiti gasegase, Fa'amai ma Ma'i Tūmau (OT). | E na te tulimata'i le mafai po'o le agava'a o le tamaitiiti e fa'atino fa'atinoga masani o aso ta'itasi, e pei o le fai o ona 'ofu, taele, fa'aaogaina o lima ma le ta'alo. |
| Fōmai Fa'apitoa o le Fofoga (Tautala, Inu-SLT). | E na te fesoasoani i tamaiti i fa'afitāuli o le ola feso'ota'i ma le 'ai. |

Continued...

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| Fōmai o Mea'ai Pāleni | 'O le tagata 'ua iai le tōmai fa'apitoa i mea'ai ma mea'ai pāleni ma e na te fesoasoani i mea'ai pāleni a le tamaitiiti. |
| Tagata Faigaluega i Galuega o Aga Feso'ota'i | E na te va'aia ma fautua i mana'oga tau aga feso'ota'i o tamaiti ma o lātou 'āiga whānau. |
| Kaimahi Hauora Māori -Tagata Faigaluega Māoli e Fesoasoani i Tagatanu'u | E na te sāunia auaunaga tau aga'ifanua ma isi fesoasoani mo lau pēpi, whānau ma nisi o le 'aufaigaluega 'olo'o tou galulue fa'atasi. |
| 'Aufaigaluega Fa'apitoa mo Tagatanu'u ma Aga'ifanua | E na te sāunia auaunaga e fesoasoani ai mo whanau. |
| Fōmai o le Māfaufau | E na te fesoasoani i aga feso'otai, fa'alogona ma mana'oga o le amio a se tamaitiiti ma lona 'āiga whānau. |

Feso'otaiga ma isi auaunaga tāua o le soifua mālōlōina:

'O le fōma'i a tamaiti o lau tama e na te faia feso'otaiga ma isi auaunaga mo lau tama e fuafua i ona mana'oga.

Mo faamatalaga i le gagana Samoa taga'i:

www.healthify.nz/translations/s/gagana-faa-samoan-samoan-health-information

| Popōlega | Auauanaga 'olo'o iai | Fa'amatalaga au'il'i'il'i |
|---------------------------|--|---|
| 'O le va'ai | <ul style="list-style-type: none"> Su'esu'ega a le Well Child Tamariki Ora Fōmai Fa'apitoa o Mata | <p>E ono mo'omia le faia o su'esu'ega o le va'ai, 'aemaise mo pepe 'ua vave ona fananau.</p> <p>www.kidshealth.org.nz/hearing-vision-checks-preschool-children</p> |
| Fa'alogon | <ul style="list-style-type: none"> Su'esu'ega o le fa'alogon mo pepe faatoa fananau Su'esu'ega a le Well Child Tamariki Ora Fōma'i o le Fa'alogon | <p>E ono mo'omia le faia o su'esu'ega o le va'ai, 'aemaise mo pepe 'ua vave ona fananau.</p> <p>'O le Fōma'i o le Fa'alogon e mafai ona ia faia su'esu'ega e fa'ataatau i le fa'aitiitia o le fa'alogon ma fesoasoani i le fa'aaogaina o mea fa'alogon fafo o le taliga ma mea fa'alogon 'olo'o i totonu o le taliga.</p> |
| Auaunaga o le Fōma'i Nifo | <p>Peā o'o i le tausaga talafeagai:</p> <ul style="list-style-type: none"> Fōma'i e tausia ma va'aia nifo Fōma'i Nifo <p>Mo auaunaga lē totōgia mo le fānau, fa'afeso'otai 0800 TALK TEETH (0800 825 583).</p> | <p>E mafai ona a'afia le 'ai, inu, folo ma maso e faavā le gutu ona o le CP. E ono fa'afaigatā ai ona fufulu le gutu.</p> |

Mata'itūina Faifaipea o le Ola Mālōlōina:

| Mata'ituina | Fa'amatalaga au'iili'iili |
|--|---|
| So'oga o le suilapalapa | E mafai ona a'afia tuputupu o so'oga o ponaivi o le suilapalapa. O tamaiti 'uma 'olo'o maua i le CP e tatau ona fai ni a lātou fāata pe ā ma le sefulu lua māsina le matua ina ia siaki ai le mea 'olo'o taoto ai o lātou suilapalapa. Oleā faia lea siaki e le lātou Fōma'i Maso po'o le Fōma'i a Tamaiti. |
| Masoa ma le maso 'ua lē gaioi lelei | E mafai ona a'afia maso o le tino ona o le CP. 'Oleā mata'itūina lea vāega mo le alualu i luma ma taumafai ina ia lelei le tuputupu a'e, ta'alo ma le gaioi o le tamaitiiti. |
| Fafaga ma le Ai | E mafai ona a'afia gaioiga a lau tama e 'ai, inu ma folo ona o le CP. 'Oleā mata'itūina ia gaioiga mo le alualu i luma, ona e iai suiga o mana'oga tau fafaga i tausaga muamua e lima. E ono fesoasoani le nofo ma mea fa'aaoga i le fafagaina o ia. |
| Fōmai Faapitoa o Vae (Fusi fa'apipi'i ma mea fa'aaoga e fesoasoani ai i le fa'atulagaga ma gaioiga) | O fusi fa'apipi'i mo vāega 'ese'ese o le tino o lau tama (peā mo'omia) 'oleā mafai ona fa'atumauina le lautele ma le fa'ata'otoga o maso. E mafai ona fesoasoani i le savali, gaioi ma le ta'alo a lau tama a'o tuputupu a'e. |
| Nofoa fa'ata'avale ma nofoa | O fōma'i fa'apitoa o le nofo e lātou te sāunia nofoa fa'ata'avale ma iloiloga o mea e nofo ai ma mea faigaluega e fa'aaoga. |
| O meafaigaluega e fa'aaoga | E telē le fesoasoani o meafaigaluega fa'apitoa mo le faaleleia o le ta'alo, fa'aa'oa'o ma le gaioi. E telē le fesoasoani o mea Faigaluega fa'apitoa i le 'ai, inu, aga'i i le fale lē tā'ua, tā'ele, moe, nofo, tū ma le savali. |
| Tekanolosi | E telē le fesoasoani o le tekanolosi i mea tau feso'ota'iga, fa'aa'oa'o, ta'alo ma tāpenaga mo le ā'oga 'āmata. |



"If it is your first appointment with a service it's good to bring a support person with you."

- FAMILY QUOTE

‘O ai tagata ‘olo‘o va‘aia lau tama?



O auaunaga uluai iloiloga vave tau *tau soifua mālōlōina*

- 'O uluai iloiloga vave e fesoasoani tele lea i le ola tuputupu a'e o lau tama, 'aemaise pe'a iai ni fa'atutuai po'o ni popolega e uiga i le lātou tuputupu a'e.
- E ono galulue fa'atasi auaunaga o uluai iloiloga vave tau soifua mālōlōina ma a'oa'oga.

O auaunaga uluai iloiloga vave tau soifua mālōlōina i le atu Niu Sila

- 'O le Health NZ, Te Whatu Ora e sāunia auaunaga o uluai iloiloga vave i le atu Niu Sila e tauala atu i Auaunaga o le Tuputupu A'e o Tamaiti. E maua fa'amatalaga 'o ia auaunaga i 'aai ta'itasi i le: www.healthpoint.co.nz
- E tele auaunaga su'esu'e ma vave iloilo e sāunia e le Auaunaga o le Tuputupu A'e o Tamaiti, e fua i mana'oga o lau tama ma le 'āiga. E 'ese'ese auaunaga mo 'aai ta'itasi o Niu Sila ma e fua i tausaga.
- E galulue fa'atasi le 'aufaigaluega a le Auaunaga o le Tuputupu A'e o Tamaiti ma lou 'āiga whānau mo le fa'aleleia o le tūto'atasi o lau tama i fa'atinoga masani o aso ta'itasi.
- E tele na asiasi le 'aufaigaluega i lou fale e va'ai 'oe ma lau tama, po'o lou asiasi atu fo'i i le falema'i po'o le fōma'i.

- E mafai ona fa'atonu lau tama e va'ai le fōma'i pe'a tauala atu i lau fōma'i, o isi fōma'i fa'apitoa ma auaunaga e pei o le Well Child.

E galulue fa'atasi le 'aufaigaluega a le Auaunaga o le Tuputupu A'e o Tamaiti ma 'oe ma lau tama:

- Ina ia malamalama i mana'oga o lau tama ma lou 'āiga mo fesoasoani e fa'atatau i avanoa mo le ola aoaoina ma fa'atinoga masani
- Ina ia fesoasoani i le fuafuaina po'o ā fa'atinoga masani e mafai ona fa'atino i aso falso'o mo lou 'āiga.

O vāega tāua mo ulua'i iloiloga vave:

- E aogā ulua'i iloiloga vave i lau tama ma lou 'āiga whānau 'ina ia 'ausia se sini po'o se mea e tulimata'i.
- E tatau ona totongalēmū ulua'i iloiloga vave i lau tama ma le 'āiga whānau.
- E tatau ona 'autū ulua'i iloiloga vave i le fafia, ta'alo, gaioi, sa'ilī'ili ma le a'oa'o o mea fou.
- 'O ulua'i iloiloga vave e fa'amalosia lau tama e fa'atino fa'atinoga masani o aso ta'itasi e talafeagai ma tausaga o lona matua ma le soifuaga ua o'o i ai.
- E tatau ona alualu i luma le faigatā o ulua'i iloiloga vave a'o tuptupu a'e agava'a o lau tama.

'O ni fa'ataitaiga o auaunaga o ulua'i iloiloga vave tau soifua mālōlōina ma a'oa'oga

E maua ulua'i iloiloga vave mai le anoanoa'i o fesoasoani. O nisi faataitaiga o le a ta'uā i lalo. E anoanoa'i auaunaga e maua i totonu o le atunu'u. E maua isi fōma'i fesoasoani e totogi e lou 'āiga whānau mai auaunaga fa'apisinisi.

| Tu'uina atu auaunaga | Fa'amatalaga |
|---|--|
| Ministry of Education – Early Learning/ Learning Support | E fa'amalataina le alafua e maua ai Fesoasoani tau A'oa'oga. www.education.govt.nz/parents-and-caregivers/early-learning/learning-support |
| BLENNZ: The Blind and Low Vision Education Network NZ Early Learning Services | O ni auaunaga aoaoetetele tau a'oa'oga mo ākonga (tamaiti ā'oga) e tauaso, tutuli ma lē lelei le va'ai. 'Olo'o iai Fa'alapotopotoga laiti mo Puna'oa o le Va'ai i totonu o le atunu'u. 'Olo'o iai le Ā'oga Āmata ma le ā'oga i Homai, Aukilani i Saute, ma isi ā'oga e lātou te sāunia vasega i luga o upega o feso'otaiga i le atu Aukilani. https://www.blennz.school.nz |
| Kōhanga Reo | 'O Ā'oga a Māoli o ni ā'oga e fa'atupula'ia ai le iloa o tamaiti lāiti ma whānau i le te reo Māori (gagana)ma le tikanga (aganu'u) a Māoli. www.kohanga.ac.nz |
| Conductive Education (Auckland, Hamilton, Taranaki, Wellington, Christchurch, Invercargill) | Ā'oga āmata mo tamaiti e iai ma'i tūmau. www.nzfce.org.nz/our-services |
| Ohomairangi Trust (Auckland) | 'O le Ohomairangi Trust o se Auaunaga o Ulua'i Iloiloga Vave a Māoli, e lātou te sāunia auaunaga tau mana'oga fa'apitoa o fanau mo 'āiga Māoli ma tagatanu'u o isi atunu'u. www.ohomairangi.co.nz/early-intervention-service |
| McKenzie Centre (Hamilton) | Ulua'i Iloiloga Vave i Ā'oga āmata mo tamaiti e iai mana'oga fa'apitoa. www.mckenziecentre.org.nz |
| Wellington Early Intervention Trust | E sāunia auaunaga o ulua'i iloiloga vave mo tamaiti i ā'oga āmata e iai fa'atutuai o le tuputupu. www.weit.org.nz |
| Champion Centre (Canterbury) | E sāunia auaunaga o ulua'i iloiloga vave mo pepe ma tamaiti lāiti 'olo'o iai ma'i tūmau ma o lātou 'āiga. www.championcentre.org.nz |
| Raukatauri Music Therapy Centre (Auckland, Bay of Plenty, Hawkes Bay, Northland) | O lo'o ofoina atu auaunaga fa'amusika e mafai ona maua i tagata uma. www.rmtc.org.nz |



Alagā'oa tau a'oa'oga

mo le 'āmataina o le ā'oga

'O itulau o upega o feso'otaiga a le Matagaluega o Ā'oga ma le Kidshealth NZ 'olo'o iai fa'amatalaga fa'aopoopo e uiga i auaunaga mo le fesoasoani i fanau ā'oga 'olo'o iai mana'oga fa'apitoa. Silasila:

- www.education.govt.nz/parents-and-caregivers/schools-year-0-13/learning-support
- www.kidshealth.org.nz/learning-support-what

Fa'aaoga i le ā'oga e lata ane (itūmālō):

'O le tele o tamaiti 'olo'o iai le CP po'o nisi mana'oga fa'apitoa tau le a'oa'oga e 'auai i vasega māsan i le ā'oga a le itūmālō ma 'afai e mo'omia, e mafai ona maua le fesoasoani e tauala atu i le ā'oga.

E mafai e mātua ona fa'afeso'otai le sui o le Matāgaluega o Ā'oga e nafa ma A'oa'oga Fa'apitoa mo fa'amatalaga fa'aopoopo e uiga i auaunaga avanoa fa'aitūmālō. Silasila:

- www.education.govt.nz/our-work/our-role-and-our-people/contact-us/regional-ministry-contacts/learning-support-services

'O le 'auai i se ā'oga fa'apitoa, vasega fa'asatelite, ma vasega fa'apitoa i totonu o ā'oga a le itūmālō:

'Afai e iai mana'oga fa'apitoa o lau tama, e mafai ona lātou a'ōoga i se ā'oga fa'apitoa po'o ā'oga fa'asatelite, po'o se vasega fa'apitoa i totonu o se ā'oga a le itūmālō. E mo'omia le fesoasoani o le alagātupe o le Ongoing Resource Scheme (ORS) mo lea fa'atinoga.

www.education.govt.nz/school/student-support/special-education/ors/criteria-for-ors

"Remember you know your child best – fun activities that work well for your family, are important."

- FAMILY QUOTE

O 'upu ma fuitau e feso'otai ma fesoasoani tau ā'oga

| 'Umi o le galuega po'o le auaunaga | Fa'amatalaga ma au'ili'iliga |
|--|--|
| Fa'atonu mo Mana'oga Fa'apitoa tau A'oa'oga (SENCO) Fa'atonu o Fesoasoani tau A'oa'oga (LSC) | <p>'O le tele o ā'oga (ae lē o ā'oga ma kura 'uma) e iai le lātou SENCO ma/po'o se LSC e lātou te fuafua vāega 'uma o fesoasoani ma polōkalame o mana'oga fa'apitoa i totonu o le ā'oga po'o le kura.</p> |
| Fesoasoani mo ma'i tūmau o le tino | <p>O se fesoasoani mo tamaiti ā'oga 'olo'o iai ma'i tūmau 'ua fa'afaigatā ai ona lātou 'auai atoatoa i fa'atinoga o le ola a'oa'oina.</p> <p>www.education.govt.nz/education-professionals/schools-year-0-13/learning-support/physical-disability-support</p> |
| 'O Fuafuaga Alualu Mamao o Puna'oa (ORS) | <p>'O ni auauanaga fa'apitoa mo se vāega to'aitiiti o tamaiti e tulaga 'ese o lātou mana'oga fa'apitoa. 'O 'upu o mana'oga 'maualuga' po'o mana'oga 'tulaga ese' o ni 'upu fa'apitoa tau a'oa'oga. E fa'aaoga ia 'upu e fa'amatala ai le telē o ni fesoasoani e mo'omia e lau tama ina ia aoaoga fa'atasi ai ma isi tamaiti o la lātou vasega.</p> <p>www.kidshealth.org.nz/learning-support-when-your-child-has-significant-needs</p> <p>www.education.govt.nz/school/student-support/special-education/ors/criteria-for-ors</p> |
| Faiā'oga Fa'apitoa e Fesoasoani i mea tau A'oa'oga ma Amio (RTLB) | <p>'O faiā'oga 'ua iai le tōmai fa'apitoa e galulue fa'atasi ma 'oe ma lau tama e fa'ataoto se fuafuaga alualu mamao ma fa'atulaga fesoasoani tau a'oa'oga ma le ola mālōlōina.</p> |
| Fuafuaga Patino ma Alualu Mamao tau A'oa'oga (IEP) po'o le Fuafuaga Alualu Mamao e Patino mo se Tagata (IP) | <p>O nei fuafuaga alualu mamao 'ua fa'atulaga e fesoasoani i le olaola a'oa'oina o lau tama. E iloilo e le fuafuaga alualu mamao taunu'uga talafeagai e fesoasoani ai i le atina'eina o le tuputupu a'e o lau tama.</p> |
| Fesoasoani Fa'apitoa tau Femalaga'iga (SESTA) | <p>'O le auauanaga a le Matāgaluega o Ā'oga e fesoasoani ai mo tamaiti 'olo'o iai mana'oga fa'apitoa tau puipuiga ma femalaga'iga i le aga'i atu ma le toe aga'i 'ese ma le ā'oga.</p> <p>www.education.govt.nz/school/property-and-transport/transport/sesta</p> |
| Ā'oga o le Soifua Mālōlōina Fa'a-Itūmālō | <p>E tolu ā'oga o le Soifua Mālōlōina Fa'a-Itūmālō i totonu o Niu Sila e maua ai fesoasoani pe'āfai 'olo'o iai lau tama i totonu o le falema'i po 'olo'o i le fale ma lē atoatoa le mālosi mo se taimi 'umi.</p> <p>www.kidshealth.org.nz/education-when-your-child-hospital</p> |

Tekanolosi lagolago mo feso'otaiga

| 'Umi o le galuega po'o le auaunaga | Fa'amatalaga ma au'il'iiliga |
|------------------------------------|---|
| Ministry of Education | 'O au'il'iiliga e uiga i le tekanolosi lagolago ma le alafua e tatau ona apalai ai. www.education.govt.nz/school/student-support/special-education/assistive-technology |
| TalkLink Trust | E fa'aaoga fa'atasi ma le tekanolosi lagolago o feso'otaiga ma Tekanolosi Tetele ma Itū'aiga 'Ese'eise o Feso'otaiga (AAC). www.talklink.org.nz |

"People are ready to hear information at different times about the future, do what works for your family."

- FAMILY QUOTE





Alaga'oa a 'Āiga

- 'O le tele o 'āiga whānau 'ua iai le iloa māsani o le CP 'ua fai ma fesoasoani tele le mafuta ma feso'otai ma isi 'āiga e tali tutusa a lātou iloa māsani
- 'O le lisi 'olo'o i lalo o se lisi o ni alaga'oa e ono fesoasoani i lou 'āiga whānau.

| Tu'uina atu auaunaga | Fa'amatalaga |
|---|--|
| Māori and Pacific Disability Support Services | 'O le auaunaga e pito sili ona telē i totonu o Niu Sila. E aofia ai ma le avanoa ta'avale o tagata ma'i tūmau. www.disabilitysupport.govt.nz/disabled-people/support-and-services/maori-and-pacific |
| Vaka Tautua | 'O fa'alapopotoga aoaoetetele mo mātua ma whānau o tagatanu'u o Niu Sila e iai ma'i tūmau. https://www.vakatautua.co.nz/disability |
| CCS Disability Action | 'O fa'amatalaga ma fautuaga e uiga i talavai fa'aopoopo ma talavai 'ese'ese. www.ccsdisabilityaction.org.nz |

Fa'aauau...

... fa'aauau

| | |
|---|---|
| Parent 2 Parent | 'O fa'alapotopotoga aoaoetetele mo mātua ma whānau o tagatanu'u o Niu Sila e iai ma'i tūmau. www.parent2parent.org.nz |
| Complimentary vs Alternative treatments | 'O fa'amatalaga ma fautuaga e uiga i talavai fa'aopoopo ma talavai 'ese'ese www.kidshealth.org.nz/advice-parents-about-complementary-alternative-medicine |
| Community Law | Fesoasoani faaloia fua mai loia ma punaoa. www.communitylaw.org.nz |
| Citizens Advice Bureau | Tuuina atu i tagata fa'amatalaga saoloto, fa'alilolilo, tutoatasi ma fautuaga. www.cab.org.nz |
| Incredible Years | Polokalame mo matua o fanau e 3-8 tausaga le matutua. www.pb4l.tki.org.nz/Incredible-Years-Parent |
| Triple P - Stepping Stones | E fesoasoani i le aiga e fa'atautaia fa'afitauli fa'afitauli ma fa'afitauli tau atina'e masani i tamaiti e iai mana'oga fa'apitoa. www.triplep-parenting.net.nz/nz/parenting-courses |

"Being connected to others with similar experiences was really valuable to us."

- FAMILY QUOTE





'O le tausiga o lou ola mālōlōina

- 'Ina 'ua iloa e lou 'āiga 'olo'o maua lau tama i le cerebral palsy, e lē masino sa iai lagona o'otia. 'Atonu sa e lagonaina le te'i, ita, lē talitonu, fefe, ta'usalaina, fa'anoanoa ma le leai o se fa'amoemoe. 'O fa'alogona māsanī uma ia.

- 'O le mafuta fa'atasi ma lau tama e iai mana'oga fa'apitoa e lē masino 'ole'ā maua ai se fiafiaga tele ma le faigata fa'alemafaufau a'o tau'ave e oe ma lou whānau mea 'uma e mo'omia e lau tama mo lona ola fiafia ma lona ola mālōlōina.

Fa'ata'ita'iga:

| Tu'uina atu auaunaga | Fa'amatalaga |
|-------------------------------|---|
| Health NZ – wellbeing support | O se upega tafa'ilagi manino ma le tele o punaoa manuia www.wellbeingsupport.health.nz/available-wellbeing-support www.wellbeingsupport.health.nz/wellbeing-resources |
| Healthify App Library | Upega tafa'ilagi fa'alesoifua maloloina. www.healthify.nz/app-library |

Fa'aauau...

... fa'aauau

| | |
|---------------------------|--|
| Sparklers | Punaoa mo le soifua manuia o fanau. www.sparklers.org.nz |
| Mental Health Foundation | Tuuina atu fa'amatalaga, fautuaga ma punaoa. www.mentalhealth.org.nz |
| Family Services Directory | Lisi o faalapotopotoga lagolago a aiga ma auauanaga. www.familyservices.govt.nz/directory |
| Whakarongorau Aotearoa | Telehealth Service. Fautuaga saoloto 24/7. www.whakarongorau.nz/telehealth-services |





Tatalo

O se tatalo e aumaia ai se lagona to'afilemu.

Tauto tatalo

Lo matou Tamā o I le lagi
la e fa'amauia mai, I lenei vaiaso
la te I matou uma ta'ito'atasi
I le suafa o lesu, Āmene

"[It's important to] recognise it is not only the child with CP that is involved, but the whole family is and every decision impacts all that are involved."

- FAMILY QUOTE



Fa'afetai

E fia fa'afetaia i lātou 'uma sa iai le sao i le *Cerebral Palsy - Hōkai Nukurangi: The Early Years Kete*. Fa'afetai mo lau lagolago i le lalagaina o ia 'atoponapona e fa'atatau i le CP.

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Hōkai Nukurangi

– ‘ina ‘ia ‘ausia le mea e tāua mo ‘oe.

www.cerebralpalsy.org.nz