

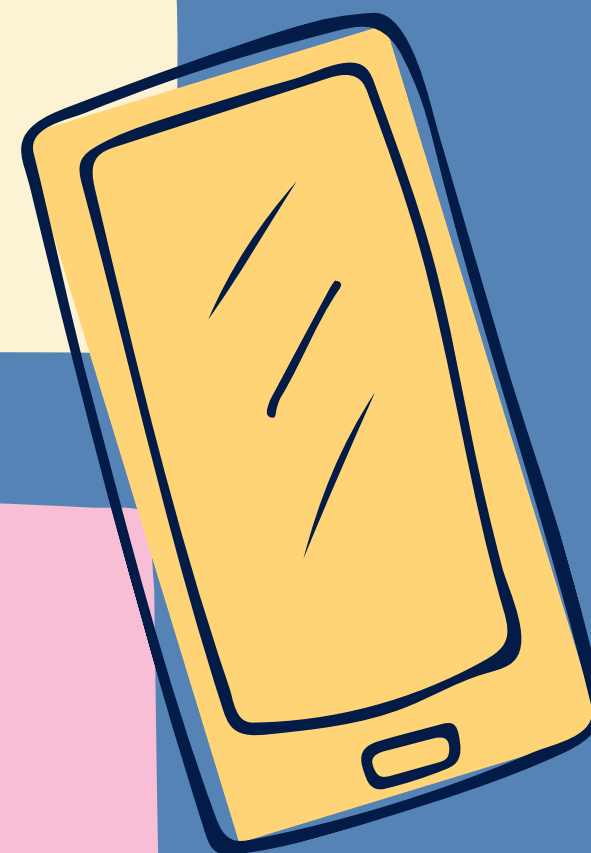
HEALTH INDEPENDENCE FOR YOUNG PEOPLE WITH CEREBRAL PALSY



Are you a young person aged 12-18 years with cerebral palsy?

You are invited to participate in a small group workshop that will help you to:

- Build confidence in communicating your health needs
- Understand how to access healthcare once you transition from the children's hospital
- Brainstorm what is important to you and how to achieve your goals.



What's involved and the cost

2 hours of your time, while the programme itself is **FREE!**
You will need to be accompanied by a parent/caregiver.
Your involvement will not affect or be shared with your school or usual health services.