

## PSYCHOLOGISTS/COUNSELLORS – CHRISTCHURCH

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NAME	PRACTICE	OVERVIEW
<p>Nilguen Kulpe</p>	<p>Private Practice Counsellor/ Group Facilitator and Supervisor 73 Purau-Port-Levy Road, Diamond Harbour 8972</p> <p>Phone: 03-3294306 021 207 7644 Email: <a href="mailto:Nilguenyalay@gmail.com">Nilguenyalay@gmail.com</a></p>	<p><b>Q. What type of counselling/clients, do you,/ your facility, specialise in?</b> I cater for individuals/couples and families from all backgrounds and their various issues</p> <p><b>Q. Have you had any experience working with individuals living with disabilities and their families?</b> Yes, I had worked at The Pain Management Centre in Burwood for 11 years where I had gained a lot of experience and insight into a huge variety of disabilities. Also worked with CP clients</p> <p><b>Q. Is your practice accessible for individuals living with disabilities such as motor or visual impairments? ie: ramps /easy to navigate.</b> I do home visits to make it easier but can access a counselling centre that is adequately equipped</p> <p><b>Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these?</b> Yes, but not ACC</p>
<p>Lee Hector-Taylor</p> <p>MA PGDip Clin Psyc Clinical Psychologist</p>	<p>Children's Specialist Service Practice Address: Colombo St, ChCh</p> <p>Phone: 027 733 1446 <a href="http://childhealth.co.nz">childhealth.co.nz</a></p>	<p><b>Q. What type of counselling/clients, do you, / your facility, specialise in?</b> Paediatrics, child and adolescent mental health</p> <p><b>Q. Have you had any experience working with individuals living with disabilities and their families</b> Many / most children using the service have a range of chronic medical, developmental and mental health conditions.</p>

	<p>Email: <a href="mailto:leehtpsychology@gmail.com">leehtpsychology@gmail.com</a></p>	<p><b>Q. We are also keen to identify counsellors that might specialise in working with the preteen/adolescents age group. Do you have experience working with this age group?</b>  Absolutely! This is our client group. Everyone at the service also has experience working with youth /children in the public health sector.</p> <p><b>Q. Is your practice accessible for individuals living with disabilities such as motor or visual Impairments? ie: ramps /easy to navigate.</b>  Yes</p> <p><b>Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these?</b>  Yes</p> <p><b>Q. What information or resources, if any, will make it easier for you to work with individuals who live with diverse communication and/or mobility needs?</b>  We have access to a range of resources but we're always keen to update these. If you have useful pamphlets or websites, we're happy to look at these with you.  We like to receive copies of any assessments/medical summaries - and we can usually access these from GPs if needed (with clients consent).</p>
<p>Dr Nic Ward  Clinical Psychologist/Neuropsychologist and Psychology Team Leader</p> <p>All referrals go through me as the team leader.</p>	<p>Insight  177 Montreal St Christchurch 8011  PO Box 6224, Upper Riccarton, Christchurch 8442</p> <p>(03) 335 0541  027 522 1755  Fax: (03) 377 1387  <a href="mailto:nic@insightteam.co.nz">nic@insightteam.co.nz</a>  lftcant.co.nz</p>	<p><b>Q. What type of counselling/clients, do you./ your facility, specialise in?</b>  I work for Laura Fergusson Trust in Christchurch. We have a team of 11 Clinical Psychologists and Neuropsychologists who work with clients with a variety of disabilities, mostly from traumatic brain injuries but also from spinal injuries, stroke, cerebral palsy, anoxia and other health conditions/ serious injuries</p> <p><b>Q. Have you had any experience working with individuals living with disabilities and their families?</b>  We would potentially be able to accept referrals for psychological input regarding coping with living with a disability and we all have plenty of experience in this area.</p> <p><b>Q. We are also keen to identify counsellors that might specialise in working with the preteen/adolescents age group. Do you have experience working with this age group?</b>  We usually work with clients from age 14 up, but our sister paediatric service (Astech NZ) also work with young children.</p>

		<p><b>Q. Is your practice accessible for individuals living with disabilities such as motor or visual impairments? ie: ramps /easy to navigate?</b> Our premises are accessible for individuals with disabilities.</p> <p><b>Q. What information or resources, if any, will make it easier for you to work with individuals who live with diverse communication and/or mobility needs?</b> We have experience working with clients with communication and mobility difficulties.</p> <p><b>Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these?</b> We are mostly funded by ACC and other insurance companies though also have some MOH contracts for residential services.</p>
<p>Gaye Mallinson Counsellor "I have achieved an Australian Diploma of Counselling as well as a New Zealand Bachelor of Social Sciences (Counselling) with Distinction."  "I always maintain a current membership with a counselling professional body (Australian Counselling Association - ACA) to ensure ongoing professional development and professional supervision."</p>	<p>Harmony Counselling Service  M: 022 357 0010 E: gayemallinson@gmail.com  www.harmonycounsellingservice.co.nz  A: 50 Croziers Road, St. Albans, Christchurch 8052</p>	<p><b>Q. What type of counselling/clients, do you, / your facility, specialise in?</b> I work primarily from a person-centred therapy approach. However, I can utilise other methods to suit your specific needs during each and every individual session. These can include the following approaches: Narrative Therapy Cognitive Behaviour Therapy (CBT) Dialectical Behavioural Therapy (DBT) Imago Relationships Therapy Acknowledgement and Commitment Therapy (ACT) Child Play Therapy Solutions Focused Therapy Motivational Interviewing Gestalt Therapy Imaginal Exposure Therapy And Others As Needed I can assist you in restoring harmony, balance, and peace in your life from a range of life struggles including: Anxiety &amp; Panic Attacks Depression Work or Relationship Difficulties Experiences of Grief &amp; Loss Family Harm &amp; Anger Management Sexual &amp; Gender Identity Related Issues</p>

		<p>Sexual Abuse  Chronic Pain or Health Issues  Self-Esteem &amp; Confidence Issues  Separation Issues  Redundancy &amp; Career Change  Past Trauma or Current Critical Incidents  Loss of Identity  Personal or Family Crisis  Problems Regarding Intimacy  Excess Stress  Help with Managing Self-Harm Behaviours &amp; Suicidal Thoughts  Addictions</p> <p><b>Q. Have you had any experience working with individuals living with disabilities and their families?</b>  I offer counselling services for Adults, Couples, Children and Youth as well as Family relationship therapy sessions.  I provide a non-judgemental, supportive and equal service for all people including those with physical or intellectual disability, all ethnic groups, people identifying as LGBTQI+, all forms of spiritual or religious beliefs, sex workers, people who have committed crimes and people from other 'minority' groups.</p> <p><b>Q. We are also keen to identify counsellors that might specialise in working with the Children/preteen/adolescents age group. Do you have experience working with this age group?</b>  In my career, I have accrued an extensive and vast range of experience in various clinical medical backgrounds, having worked as a nurse in many specialty areas for most of my life as well as serving in the military in the medical core.  I have also worked in the ambulance service, community-aged and disability care assessments team, and had various other medical roles before retraining as a Counsellor.</p> <p><b>Q. Is your practice accessible for individuals living with disabilities such as motor or visual impairments? ie: ramps /easy to navigate.</b>  There is plenty of free street parking. Working from a home consult therapy area set up, there are 3 steps to navigate at the front door with no ramp access or specific disability toilet available at this time.</p>
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