PSYCHOLOGISTS/COUNSELLORS – WELLINGTON

DISCLAIMER: The Cerebral Palsy Society of NZ provides this information in a good faith basis and is for information purposes only. The Society makes no comment, recommendations or endorsement of any of the practitioners listed here and encourages any potential client to seek independent advice which is relevant to their own health needs.

NAME	PRACTICE	OVERVIEW
Shar Cullinane	Phone: 021 067 9641.	Q. What type of counselling/clients, do you, / your facility, specialise in?
	Email: sharandric@xtra.co.nz	Since last working with your members I have completed 6 years training as in Bioenergetic Analysis Psychotherapy.
		Q. Have you had any experience working with individuals living with disabilities and their families?
		I have worked with parents of children who have challenges as do we all.
		I am happy to work with parents or partners.
		Q. Is your practice accessible for individuals living with disabilities such as motor or visual Impairments? ie: ramps /easy to navigate
		My room at Paekakariki has a rickety long shared drive.
		I request my clients park on the road.
		My venue is not the best for any physically challenged person.
		Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these?
		I have accepted tokens to cash up with your organisation.
		I am ACC, WINZ registered. Have worked with NGO's.
Frances Williams	Level 4	Q. What type of counselling/clients, do you, / your facility, specialise in?
Registered	The Braemar Building	15 years' experience in adult mental health including depression, anxiety, trauma, grief, emotional
Clinical	32 The Terrace, Wellington 6011	instability, relationship issues, personality issues, workplace stress, life transitions, most adult DSM
Psychologist		5 disorders
	Phone: 021 022 81407	
	Email: psychology@franceswilliams.co.nz	Q. Have you had any experience working with individuals living with disabilities and their

		 families Limited. However I have lived experience of growing up with a physical disability since my teens. I would be most comfortable seeing adults with CP or parents of children re their own psychological adjustment. I only have limited experience with IQ impairments. Q. We are also keen to identify counsellors that might specialise in working with the preteen/adolescents age group. Do you have experience working with this age group? No. Q. Is your practice accessible for individuals living with disabilities such as motor or visual Impairments? ie: ramps /easy to navigate. Not particularly. A ramp could potentially be organised for wheelchair access, likewise support with directions for visual impairments. The building management are very helpful and accommodating. Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these? Yes Q. Would you be willing for your details and responses to be placed on our website as a potential option for our members and their families to consider as their counselling option?
	Zoe Deverick Psychology	Yes, but only for adults with physical (not IQ) problems and/or basic family work. Q. What type of counselling/clients, do you, / your facility, specialise in?
Zoe Deverick	Level 1, Left Bank, Cuba St, Wellington <u>https://www.therapyroute.com/therapist/zoedeverickpsychologist</u> 0224028139 <u>zoedeverickpsychologist@gmail.com</u>	My practice is broad and inclusive in terms of the type of clients I accept, but most commonly I see people experiencing difficulties with anxiety, depression, stress, life transitions (including coping with illness, injury and disability), life direction, identity, grief, chronic pain, relationship problems, self-esteem, and sexuality. I am actively supportive of clients who are members of the rainbow community (this includes gay, lesbian, bisexual, transgender, sex, and gender diverse). My therapeutic modalities include cognitive behavioural therapy, acceptance and commitment therapy, dialectical behavioural therapy, and mindfulness-based approaches.
		 Q. Have you had any experience working with individuals living with disabilities and their families? I have worked with Habit Group working with clients under the ACC pain management and psychological services contracts. These clients had experienced physical injuries resulting in chronic pain, and in some cases permanent disability. Prior to practicing as a psychologist I worked

	as a support worker for IDEA services, supporting clients with intellectual disabilities and their families. At least 50% of these clients had a concurrent physical disability.
	Q. We are also keen to identify counsellors that might specialise in working with the preteen/adolescents age group. Do you have experience working with this age group? Yes - I have worked in ICAFS in Hutt Valley DHB, and I completed my clinical psychology internship at a child and adolescent service at Hawkes Bay DHB. In my private practice I work with adolescent clients, and also children when input is suitable for 1-1 treatment delivery.
	 Q. Is your practice accessible for individuals living with disabilities such as motor or visual Impairments? ie: ramps /easy to navigate. My space on Cuba is on the first floor and is accessible via stairs, accessibility entrance is via elevator and ramp. Clients just need to let me know ahead of time if they need to use the ramp. Paid parking is available on Cuba st, and mobility parking spaces are located off Victoria St (150-180 meters from venue), and on lower Cuba St between Manners and Wakefield Streets (300m from venue). Bus stops are located on Manners St (280m away) and Willis St (400m away). With prior arrangement, I am able to meet clients at the bus stops or mobility parking spaces to assist them into the building. Q. Do you accept funding options like MOH, ACC, WINZ and NGO? Also our members have access to a monetary voucher system, do you accept these?
	I don't have experience with using these funding options thus far so would need to look into these,